## New Onset Seizure (NOS) Pathway: ED Management

October 2024



Criteria			Nur	rsing Considerations
Inclusion • Child >8 weeks old • First recognized seizure-general or partial	<ul> <li>Exclusion</li> <li>Child ≤ 8 weeks old</li> <li>Patient presenting with absence seizure or febrile seizure</li> </ul>		<ul> <li>Position to maintain airway</li> <li>Oxygen and suction set up at bedside; place patient on oxygen as needed to keep sats &gt;93%</li> <li>Monitor: cardiac monitor, pulse ox &amp; obtain full set VS</li> <li>Establish IV access if actively seizing</li> </ul>	
For active Seizure use Rescue Medications in the Status Epilepticus Guideline				
Non-Active/Post Seizure Management		Labs	Imaging	
<ul> <li>Seizure precautions-Policy 12.05</li> <li>If seizure activity recurs, proceed to Rescue Medicat</li> <li>Monitor until patient returns to baseline mental stat</li> <li>Labs and diagnostic evaluation (if indicated)</li> <li>Consider antiepileptic therapy if risk factors. (consult neurology<sup>1</sup>)</li> <li>Assess for discharge criteria</li> </ul> <b>Cardiac Assessment</b> EKG is recommended when: <ul> <li>Cardiac etiology suspected as cause of seizure;</li> <li>Exercise induced seizure; and/or</li> <li>Family history of sudden cardiac death &lt;50 years old</li> </ul>	ations atus ult th	<ul> <li>After 6 months of age in previously heachildren who have returned to baseline vield of laboratory screening with new onset unprovoked seizure is very low.</li> <li>However, if clinically indicated, considering the following:</li> <li>CBC, CMP</li> <li>POC CG8; toxicology screen</li> <li>Lumbar Puncture <i>if</i> patient has signs symptoms of meningitis or encephalopathy</li> </ul>	er	<ul> <li>MRI is preferred modality and may often be done as outpatient; Emergent MRI usually does not change the treatment plan for NOS.</li> <li>CT scan is not routinely necessary if patient has: <ul> <li>No underlying conditions suggesting concern for intracranial pathology; AND</li> <li>Returned to baseline mental status; AND,</li> <li>Non focal physical exam</li> </ul> </li> <li>Considerations for Emergent CT without contrast <ul> <li>Abnormal neuro exam</li> <li>Closed head injury</li> <li>Non-accidental trauma</li> <li>&lt;3 years old with focal onset of seizure</li> <li>Underlying condition concern for intracranial pathology</li> </ul> </li> </ul>
Discharge Criteria Admission Considerations				
<ul> <li>Returned to baseline mental status</li> <li>Results of diagnostic tests (if obtained) do not require ongoing intervention</li> <li>Consider parent/caregiver anxiety and ability to understand education</li> <li>Sedated from Not at basel</li> <li>Multiple seize</li> </ul>		e and no other indicators for admission present it may y to admit this age group ion of 2 <sup>nd</sup> line anti-epileptic for seizure control m medications ine or prolonged postictal phase		ol between seizure activity • Frequency of seizure and pervasive seizure activity PICU ADMISSION
<ul> <li>Patient to follow up with PCP 24-48 hrs</li> <li>Place Fast Access Neurology (FAN) clinic referral: 404-785-KIDS (5437)</li> <li>Prescribe rectal diazepam/Diastat or IN Midazolam (see below for dosing) <u>and</u> education</li> <li>Nos Seizure</li> <li>Rectal diazepam/diastat &amp;/or IN Midazolam (nayzilam) Dosing:</li> <li>≤5 years and ≥5kg: 0.5mg/kg</li> <li>≥12 years: 0.2mg/kg</li> <li>May repeat 5mg x1 if seizure persists</li> <li>Max Dose: 20mg</li> </ul>				
<sup>1</sup> Consult Neurology				<sup>2</sup> VP Shunt Considerations
<ul> <li>If considering antiepileptic therapy or if seizure is associated with a risk factor: <ul> <li>Remote symptomatic seizures</li> <li>Family history of seizure disorder</li> <li>Predisposing condition such as autism; cerebral palsy; moderate to severe developmental delay</li> <li>Consideration for admission</li> <li>Status epilepticus requiring multiple medications</li> <li>Abnormal exam</li> <li>Abnormal imaging</li> </ul> </li> </ul>			<ul> <li>Order an Emergent CT scan when a VP shunt is present with other signs concerning for shunt infection or malfunction are present</li> <li>Please note, a brief generalized seizure, in isolation, is not highly suggestive of a shunt malfunction</li> </ul>	

DEVELOPED THROUGH THE EFFORTS OF CHILDREN'S HEALTHCARE OF ATLANTA AND PHYSICIANS ON CHILDREN'S MEDICAL STAFF IN THE INTEREST OF ADVANCING PEDIATRIC HEALTHCARE. THIS IS A GENERAL GUIDELINE AND DOES NOT REPRESENT A PROFESSIONAL CARE STANDARD GOVERNING PROVIDERS' OBLIGATION TO PATIENTS. ULTIMATELY THE PATIENT'S PHYSICIAN MUST DETERMINE THE MOST APPROPRIATE CARE. © 2017 Children's Healthcare of Atlanta, Inc.